

SEATTLE CHILDREN'S HOME FACT SHEET

Founded in 1884, Seattle Children's Home is a private, not-for-profit organization that responds to the mental health needs of children and their families throughout Seattle, King County and Washington State. Our services and programs have changed over the years, yet we have not wavered from our commitment to improving the lives of our most vulnerable citizens – children. Seattle Children's Home is accredited by The Joint Commission as a Behavioral Health Care Organization.

Mission: Seattle Children's Home helps children and their families by providing comprehensive mental health and developmental services.

Leadership:

Gena M. Palm, Ed.D., Executive Director
Don Burdine, Director of Administrative Services
James Peacey, MD, Medical Director

Linda Scherer, Controller
Lisa Hay, Director of Development & Marketing

Staff: Currently, Seattle Children's Home employees 110 people. A full range of professionals are available to address the mental health needs of children and their families including: developmental pediatricians; psychiatrists; Masters-level clinicians including social workers, licensed counselors and mental health therapists; recreation, music and art therapists and other specialists.

Services & Programs: Seattle Children's Home's array of programs provide preventative care and treatment support to help individuals and families adopt positive behaviors to achieve and maintain good mental health and to sustain mental health recovery. Our medical and therapeutic staff employ a comprehensive and holistic approach to treatment; incorporating mental health with primary care, education, and other related issues working with families to address barriers. We offer services through the public health system, private pay and private insurance and on a sliding fee scale in an attempt to make certain that services are accessible to all who need or desire them.

All programs and administrative offices of Seattle Children's Home are currently housed on our campus located at 2142 Tenth Avenue West, Seattle, WA 98119.

All programs subscribe to a community-based philosophy and many of our services are provided within the child or family's community, school, or home.

Program & Agency Highlights – July 1, 2008 – June 30, 2009:

Approximate number of children served: 281

Outpatient Programs provided treatment to 239 youth and their families.

Outpatient Counseling Services *Data collected from Client Treatment Plans*

- 93% of the clients discharged during the year achieved at least one of their treatment objectives; 61% achieved *all* of their treatment objectives.
- 48% of the clients achieved a treatment plan objective related to increasing self-management skills.

Developmental Disabilities Behavior Support Team *Data collected from Parent Surveys*

- 73% felt they have more information and/or tools to manage the problem as a direct result of Behavior Support Team involvement.
- 77% reported that their ability to manage their family's challenges improved due to the involvement of the Behavior Support Team.
- 73% reported having a greater sense of hope and/or encouragement as a result of the involvement of the Behavior Support Team.
- 70% reported that their child was doing "better" or "much better" since they began services with the Behavior Support Team.

McGraw Residential Treatment Program provided residential treatment to 42 youth under contract with the Washington State Children's Long-term Inpatient Programs. The average length for treatment for youth discharged was 271 days.

Data collected from Client Treatment Plans

- 100% of the clients discharged during the year achieved at least one of their treatment objectives; 54% achieved *all* of their treatment objectives.
- 93% reduced the number and severity of behavior treatment issues by the time of discharge.
- 86% discharged to less restrictive settings and 61% improved enough to be discharged directly to their home, rather than to another placement.